Commercial Fats, Oils & Grease (FOG) Program

FOG, a.k.a Fats, Oils & Grease, is a major contributor of Plumbing Problems in Private and City Sewer Collection Infrastructure. Your help can prevent these problems before they can ever occur.

What is FOG?

FOG is a combination of Fats, Oils & Grease, which is a byproduct of cooking, food and drink preparation, and meat preparation.

What are the most common sources of FOG?

FOG is generated from meat fats, shortening, butter, margarine, sauces, and dairy products.

Myth: It is ok to dispose FOG in drains because it is in a liquid form?

False: FOG once cooled, will solidify and build up along the sides of pipes until a clog is formed.

What is a Clog?

A clog, is a buildup of F.O.G. that prevents flow into and through sanitary sewer pipes that causes wastewater to back up into building structures; and out of City structures, such as manholes.

What Hazards / Issues Can Come with a Clog?

- Can cause health and environmental impacts.
- Can lead to expensive costs resulting from cleanups, restoration, loss of business and result in possible fines.
How Can You Minimize FOG From Entering Your Drains?

- Installing a Pretreatment System, in the form of a Grease Recovery Unit to assist with removing F.O.G. from related Sinks & Drains.
- Remove, Scrape and Wipe Contents from Plates and Pans into Garbage Containers Prior to Washing.
- Provide screens in sinks and drains to collect missed scraps.
- Maintain Grease Recovery Units in Accordance to Manufacture and Local Authority Requirements.
- Record Keeping: Keep a Grease Recovery Unit Maintenance Log Current.

Customer Service Center:

If you have questions, or would like additional information on FOG, please contact our Customer Service Center at 203-854-3200.

- Customer Service Center - Help Desk
  https://www.norwalkct.org/187/Customer-Service-Center

Related Information:

- Setup and Provide Staff with an Emergency Spill Response Plan.
- Develop & Post an Emergency Contact List: Plumber, Grease Recovery Unit Maintenance Contractor, and Various City Departments.
  https://www.ct.gov/deep/cwp/view.asp?a=2721&q=325696&deepNav_GID=1643